

WIN Reimbursement Form

Please check all applicable services:

- ☐ Acupuncture Services _____
license #
- ☐ Massage Therapy _____
license #
- ☐ Prolotherapy _____
license #
- ☐ Healthy Food Focus
- ☐ Weight Management Programs
- ☐ Health & First Aid
- ☐ Fitness _____
Class Instructor Signature (required)
- ☐ Dean Health System Weight Management

REMEMBER!

- ▶ Only one member per form.
- ▶ A license number for services that specify.
- ▶ Signature of completion for fitness class reimbursement.
- ▶ Attach your receipt(s).

Complete this form and mail it in with receipts to:

Dean Health Plan
Attn: WIN
P.O. Box 56099
Madison, WI
53705-9399



**WELLNESS
INCENTIVES
NOW!**

1 _____
description of service

_____ \$ _____
date of service amount

2 _____
description of service

_____ \$ _____
date of service amount

3 _____
description of service

_____ \$ _____
date of service amount

name of member receiving service

member number (9 digit number located on your ID card)

group number

date of birth

street address

city state zip

Services must be obtained in current calendar year. **All reimbursement forms for services received this year must be postmarked by December 31st.** Please include the required documentation for each eligible service. Reimbursement for services can take up to 30 days from the date your form is received by Dean Health Plan. Call the Customer Service Department at (800) 279-1301 if you have any questions.

WIN Covered Services



The following items are **INCLUDED** in the WIN Program and are eligible for reimbursement.
Services are subject to change at anytime.

Acupuncture

Procedures involving stimulation of points on the body a variety of techniques performed by a licensed acupuncturist.

Massage

Massage therapy performed by a licensed therapist.

Prolotherapy

- Defined as, "Nonsurgical ligament reconstruction."
- Must be performed by a licensed provider

Weight Management

- Weight Watchers & Jenny Craig membership dues/enrollment fees (*All classes require instructor signature on the reimbursements form*)
- Weight Watchers & Jenny Craig online memberships

Health & First Aid

- Wellness, Mindfulness, health and lifestyle classes, education or coaching
- Stress Management Classes
- CPR Classes
- First Aid Classes
- Birthing Classes
- Lifeguard Classes

Fitness

- Health club or fitness facility membership (*reimbursed in the year the membership was paid*)
- Exercise/fitness classes, such as: Pilates, Yoga, Zumba, Aerobic, Step, Spinning, Kick Boxing, Cardio (*reimbursed upon completion of class*)
- Martial Arts Classes
- Personal Trainer Sessions
- Strong Woman

Please note: All classes require instructor signature upon completion on the reimbursement form and will not be reimbursed until class is completed. All Health Club memberships will only be reimbursed in the year they were purchased. Two year memberships will only be reimbursed once in the year it was purchased.

Healthy Food Focus

- Community supported agriculture **produce** memberships
(*Visit www.macsac.org for more info. Applies to membership and shares.*)

Acceptable proof of membership:

- ▶ Cancelled check
- ▶ Farm receipt
- ▶ Credit card statement showing farm charge
- ▶ Email correspondence with farm confirming your payment

Dean Health System's Weight Management

The following classes and services through the Dean Health System Comprehensive Weight Management program:

- LEARN (*Lifestyle, Exercise, Attitudes, Relationships, Nutrition*)
- SMA (*Shared Medical Appointment*)
- My New Weigh of Life
- VCLD (*Very Low Calorie Diet*)
- Health Habits for Life



WIN Non-Covered Services



The following items are **EXCLUDED** from the WIN Program and are not eligible for reimbursement. Services are subject to change at anytime.

Acupuncture

- Any procedures performed by a non-licensed therapist
- Chiropractic Services
- Gift Certificates (*whether purchasing them or using them for services*)
- Aroma Therapy
- Tips
- Reflexology

Massage

- Any procedures performed by a non-licensed therapist
- Aesthetics (*skin treatments, facials, mud baths, pedicures, manicures, etc*)
- Chiropractic Services
- Gift Certificates (*whether purchasing them or using them for services*)
- Aroma Therapy
- Tips

Prolotherapy

- Any procedures performed by a non-licensed provider
- Chiropractic Services
- Gift Certificates (*whether purchasing them or using them for services*)

Weight Management

- Food, Supplements or Medications
- "Lighten Up Wisconsin"
- Any web-based programs besides Weight Watchers and Jenny Craig

Health & First Aid

- Safety Equipment (*bike helmets, reflective clothing, etc.*)
- Babysitting Classes
- Safety Classes (*fire, crime, biking, etc*)
- Swimming Lessons

Fitness

- Exercise Equipment (*bikes, elliptical, treadmills, weights, etc.*)
- Running/Walking Shoes/Clothing/Equipment
- Wii Gaming System/Wii Fit Gaming System
- Swimming Lessons / Pool Memberships
- Youth Recreation Programs (*sports camps, school sports programs*)
- Leagues and lessons (*bowling, golf, curling, tennis, etc.*)
- Registration Fees for Walks, Runs, Bike Events or Community Recreation Programs
- Dance Classes/Pole Dancing/Belly Dancing
- "Lighten Up Wisconsin"
- Gift Certificates (*whether purchasing them or using them for services*)
- State Park Passes
- Tips

Healthy Food Focus

- Additional Food
- Additional Supplies
- CSA Shares of Meat and Dairy only

Dean Health System's Weight Management

- Weight Loss Medication
- Supplements & Food

